

# FORRESTVILLE VALLEY KINDERGARTEN HANDBOOK



2023-2024

## WELCOME TO FORRESTVILLE SCHOOL DISTRICT

Welcome to the Forrestville Valley Community School District 221. Our staff is looking forward to providing a rewarding and positive learning experience for your child.

The kindergarten year is very important; it will become the foundation upon which your child's knowledge and later educational achievement can be built. This booklet is designed to help your family as you prepare to send your child to school. While hoped to be complete, it is not a totally comprehensive document, but rather a resource and guideline that we hope you find useful and informative.

In order for our schools to be successful, many factors must be working together for the best interests of your child. A qualified and dedicated staff, concerned and interested parents, and eager and inquisitive students are all ingredients necessary for successful learning to occur. We hope that by working together with you that your child will reach his or her full learning potential.

If you have any questions about the booklet, the kindergarten program, or the district in general, don't hesitate to call one of the teachers or an administrator. We will be happy to speak to you.

German Valley Grade School: 815-362-2279

District Office: 815-938-2036

## KINDERGARTEN PHILOSOPHY

We believe that the foundation of successful schooling is formed during the kindergarten year through the development of positive attitudes and learning habits. We recognize that each child enters kindergarten with a unique background of experiences.

Therefore, the child's kindergarten experience should be a cooperative effort of the child, parent, and teacher. The kindergarten curriculum is designed to support the intellectual, social, emotional, and physical growth of the child. The instructional program should be activity and language oriented, providing a secure and accepting environment which motivates each child to use skills when developmentally ready. The enthusiastic teacher plays a key role in providing a variety of experiences designed to nurture and develop each child's needs and learning styles. School personnel and parents working together will provide for the individual development of the whole child.

## AGE AND MATURITY

Being the same age as the other children in kindergarten does not mean that your child is of the same maturity. A child's success in school is determined not by actual age (chronological age), but rather by the child's level of physical, emotional, mental, and social maturity (developmental age). Talk to your kindergarten teacher or principal if you have questions about your child's maturity and readiness for starting school.

## HELPFUL SKILLS

- \_\_\_ Can sit, listen, and attend to speaker
- \_\_\_ Pronounces first and last name
- \_\_\_ Attempts to do some printing (may have reversals)
- \_\_\_ Can tie shoes or is learning how to tie
- \_\_\_ Can count to ten
- \_\_\_ Gets along well in a small group
- \_\_\_ Can count objects to five
- \_\_\_ Cleans up after themselves
- \_\_\_ Is able to follow at least two-step directions
- \_\_\_ Enjoys listening to stories
- \_\_\_ Can identify some letters of the alphabet
- \_\_\_ Copies simple shapes
- \_\_\_ Can draw a person
- \_\_\_ Knows basic colors
- \_\_\_ Shares
- \_\_\_ Can do a six or more piece puzzle
- \_\_\_ Can use scissors effectively
- \_\_\_ Attends to a task, start to finish
- \_\_\_ Can hold pencil with 3-finger grasp
- \_\_\_ Has been away from home for 2 to 6 hours at a time
- \_\_\_ Puts on own clothing and attempts to fasten
- \_\_\_ Understands the need for rules and playing fair
- \_\_\_ Is responsible for clothes, supplies, and notes
- \_\_\_ Uses tissue
- \_\_\_ Can communicate clearly in sentences of 5 or more words
- \_\_\_ Knows whole name

\_\_\_ Recognizes first name written



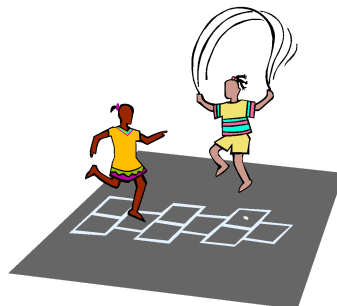
**ENTRANCE REQUIREMENTS: Children will be admitted to enter kindergarten if they are five years old on or before September 1.**

State law requires that children have a complete physical, dental, and eye exam upon entering kindergarten. Illinois state law requires that immunizations for whooping cough, diphtheria, tetanus, polio, smallpox, mumps, and measles be completed or started at this time. This should be completed and forms should be mailed or brought to school.

**Online Registration:** For Online Registration, please be prepared to upload the following documents: a copy of your child's original birth certificate (from the County Courthouse) as well as 2 forms of ID and proof of residency. Your child must have a current physical, dental, and vision examination on file when beginning Kindergarten.

## SUMMER ACTIVITIES

- Read stories to your child everyday.
- Let your child tell you about something he/she did during the day and then write it down. Have your child illustrate it.
- Learn nursery rhymes, songs, and chants.
- Have an outdoor game time. Play Mother May I, Hopscotch, Beanbag Toss, London Bridge, Hokey Pokey.
- Trace around pan lids, boxes, tables, glue bottles, large spoons, hands. Cut them out.
- Let your child make at least one choice a day.
- Play "let's remember." Have your child recall facts of the day, including as much detail as possible.
- Walk or drive to school several times. Along the way, point out familiar sights so your child can look for them when it's time for him/her to walk alone. Examples of sights could be a very large tree, stop signs, a brightly painted house, a store, an empty field, street crossing, or a friend's house.
- Visit a public library, area parks, Chicago zoos and museums, Rockford's Discovery Center.



## WRITING YOUR NAME

We will do some writing activities this year. If your child wants to write his/her name before school starts this fall, please use the letters below as a guide to assist you. We use the Zaner-Bloser manuscript.

Write a name like this: **Patty** Not like this: **PATTY**

## BEFORE SCHOOL STARTS

As school approaches, you will be notified of a date for your child's kindergarten Unpack the Backpack Night. Please plan on bringing the supplies on this night.

## KINDERGARTEN SUPPLY LIST

- 12 #2 standard pencils - sharpened
- 1 Pencil box or pouch
- 1 bottle of 4 oz Elmer's Glue (no 'no run' or gel glue)
- 8 Elmer's Glue sticks (small)
- Scissors - Fiskars metal rounded ends
- 2 boxes of Washable Markers (Classic Colors)
- 4 boxes of Crayola Crayons (16 or 24 count)
- 1 4-Pack of Dry Erase Markers (Black Preferred)
- 1 Set of Colored Pencils - Sharpened
- 1 Set of Watercolor Paints (Crayola or Prang)
- 1 2-Pocket Folder
- Headphones (NO EARBUDS)
- 1 Pink Eraser
- 1 Wide Ruled Spiral Notebook
- 2 Boxes of Disinfectant Wipes
- 2 Boxes of Kleenex
- 1 Box of ziploc baggies
- 1 Paint Shirt (Long Sleeved Shirt)
- 1 Backpack (Large enough for folder)





## PARENT ATTITUDE

Entering school will be a new and strange experience for many children. We cannot expect every child to make this transition from home to school with the same degree of ease. Differences in temperament, attitude, and previous experience will influence behavior.

A child's work and activities in school are important. If you show a sincere interest in the items your child brings home from school it will help develop respect for schoolwork projects. Look in the child's backpack. Listen as your child explains each paper, drawing, note, or project.

Sometimes children don't want to talk about school immediately upon arrival from school. Wait a while. Then ask specific questions (Did you hear a story today? What did you like best today?) as opposed to general questions (How was school today?).

Speak positively about school in front of your children. Let them know that you support the school, teacher, principal, activities, and work. Your positive attitude will make them feel positive and worthwhile in their daily association with school.

## BEFORE EACH DAY

**Arrival.** Please be sure your child arrives at school on time. Doors open up at 7:50 each morning and students should arrive by 8:00 AM. Redline students need to be at FGS at 7:30.

**Departure.** When school is over, your child needs to be picked up on time. Children often become panicky, disoriented, and feel forgotten if they are picked up late. Please notify the school if you will be late. School policy designates that if your child will be going somewhere other than the regular destination, **a written note is required.**

**Physically Ready For the Day.** Please help your child have a very good day at school. Follow these steps and you will have done your best to get your child ready for each day. Each day counts.

- A good night's sleep is important...have a consistent bedtime.
- Be sure your child is clean for school.
- Be sure your child has a good meal before school.
- Dress your child comfortably for the school day.

**Mentally Ready For the Day.**

- Give your child plenty of rest the night before.
- Avoid late evening device use.
- Be sure your child has his/ her folder and other materials for the day.

## LEARNING IN KINDERGARTEN

We teach many and varied activities which are needed to successfully complete kindergarten.

- printing
- cutting
- rhyming
- ordering
- playing
- coloring
- physical education
- reading
- vocabulary building
- studying about others
- thinking for oneself
- kindness
- consideration
- independence
- math
- phonics
- listening
- sequencing
- singing
- poetry
- self worth
- sharing
- studying nature
- learning differences
- cooperation
- respect
- use of technology

Children also need to have an awareness of one's own culture and those of others, music, art, and dramatics.

## THOSE "SCHOOL TERMS"

**Language Development.** The ability to talk and understand. Can your child:

- describe: on, under, above, in
- follow 2 or 3 step directions
- talk in a complete sentence
- talk about or tell stories

**Visual Motor Integration.** The ability of the child to coordinate eye and hand movements. Can your child:

- copy simple forms on paper
- stay "in the line" (almost) when coloring
- put puzzles together
- fit pegs into holes, button
- trace on a line

**Visual Discrimination.** The ability to see likenesses and differences.

Can your child:

- notice the differences between letter forms
- identify colors
- differentiate between shapes
- pick out larger and smaller objects

**Auditory Discrimination.** The ability to distinguish between sounds.

Can your child:

- hear differences between beginning sounds
- differentiate between high and low, loud and soft sounds
- identify animals by their sounds

**Gross Motor Coordination.** This refers to the child's larger muscular movements. Can your child:

- walk, run, hop, skip, and gallop
- use a tricycle, wagon

**Social Emotional Development.** This refers to the kind of interaction between the child and others. Can your child:

- share, cooperate, and listen
- perform independently
- interact with large or small group

**Classroom Expectations.** The ability to do what the teacher has established in order to make a classroom happy, safe, calm, and educational. Can your child:

- play cooperatively
- clean up after him/her self within an expected length of time
- do** not yell, scream, or cry when he/she doesn't get his/her way
- move at an acceptable indoor pace (walk)
- share
- use words to solve problems
- handle disappointment in an appropriate manner

## PEOPLE YOU WILL MEET

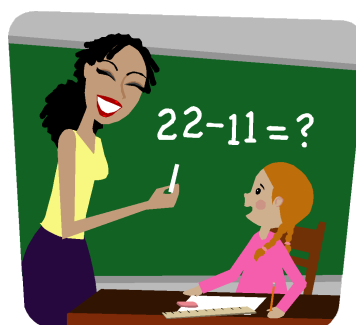
**Teacher:** The most important person your child will be influenced by is his/her classroom teacher. The teacher is anxious to know you and your child and will welcome any help you can offer. The teacher is just as anxious as you to have your child do well.

**Principal/ Assistant Principal:** The principal has ultimate authority over all school activities. He/she is responsible for the school's program and, in time, will get to know your child's class and your child.

**Nurse:** The nurse is available one scheduled day during the week. The school nurse maintains health records, deals with emergencies, and does hearing and vision testing.

**Secretary:** The secretary is the first person your child will encounter in the office. The secretary will be the person with whom you will talk with if an illness or emergency occurs. The secretary is a person that children soon learn to trust and appreciate as he/she helps them.

**Custodian:** The custodian has charge of the maintenance and cleanliness of the building and grounds. They contribute much toward making the school a safe and healthy place for your child.



## EXTRA HELP

In a classroom of children, no two children are alike. They look different, behave differently, and respond differently. It is a monumental job to successfully educate all those eager little children who are so different. But a teacher can do it. That's why he/she is there.

Sometimes, however, a child starts kindergarten and a problem arises. It might be a problem that the parents were aware of and have told the teacher about in that first fall conference.

When a problem in school arises, the parents and the teacher may need to spend extra time analyzing the problem and:

- talk to specialists
- arrange for testing for the child

Some common areas of concern, which may show up in the first year of school, are:

- learning disability
- communication disorder
- speech and/or hearing problem
- behavior disorder
- muscular (large or small) coordination
- social interaction difficulty

## CONFERENCES

You will have one scheduled conference during the year. It will occur in the fall.

You will receive a progress report and a report card about your child each quarter.

Some families will have more than one conference. These may be called by the parent or the teacher in order to discuss strengths, weaknesses, problems, program change, or to discuss your child's progress. Remember, parents are encouraged to call for a conference if they have specific items to discuss.

## IN SICKNESS AND IN HEALTH

When your child becomes ill which will keep him/her from school, please call the school office after 7:00 a.m. When your child returns to school, please send in a brief note to the teacher.

If there is a health factor in your child's background that may require program modification, please alert the teacher and the school nurse. If you want your child to miss recess for a medical reason for a day or two, a note is required.



If your child is affected by a communicable disease such as chicken pox, head lice, strep throat, impetigo, mumps, covid, etc, please notify the school.

Sometimes your child may get sick at school. If this happens, we will notify you at home or work. If you can't be reached, we will call your emergency number on your registration form. **This emergency number is extremely important for your child's well being.**

## HOW TO HELP YOUR CHILD

- Consider the home and school as a partnership to help your child, we cannot be adversaries or strangers.
- Know what your child is doing in school. Meet the teacher and principal. Discuss how you can help each other.
- If you have a school problem, notify the teacher.
- Establish clear, reasonable and consistent expectations for your child and his/her behavior at school. Help your child stick to these behavioral expectations.
- Communicate!** If you have questions about a field trip, supplies, a lesson, a problem your child has, special events happening at school, birthday treats, your child's attitude about something, etc. call the teacher or the school office. **DON'T WAIT AND WONDER!**
- Return messages, notes, and field trip slips promptly.
- Try to establish a family reading time **each** evening. A ten to fifteen minute story, read aloud, will show your child you like to read to them. Visit a library.
- Provide your child with the best possible send-off each day (proper clothing, meals, rest, and a hug!)



**HOME + SCHOOL = HAPPY CHILDREN**